



MEAT FREE - MEAT FREE MONDAY

5 A DAY - 1 OF YOUR 5 A DAY

CHEF'S CHOICE

BE A HIGH-FLYER.  
A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Quorn Braised Sausage, Red Onion Gravy and Champ Mash Potato	Fiery Mexican Chilli, Brown Rice, Sour Cream and Salsa	Roast Beef, Yorkshire Pudding, Crispy Roast Potatoes and Gravy	Chicken Singapore Noodles	Crispy Battered Fish with Chunky Chips
<b>Vegetarian Main Dish</b>	Vegan Sweet Potato and Squash Stew with Savoury Rice	Quorn™ and Vegetable Lasagne with Crusty Garlic and Herb Bread	Cheesy Potato Pie Topped with Puff Pastry Served with Crispy Roast Potatoes	Vegan Aubergine and Chickpea Dhansak, Pilau Rice and Poppadum	Falafel in a Wholemeal Pitta, Crunchy Slaw and Chunky Chips
<b>Accompaniments</b>	Roasted Root Vegetables Salad Bar	Crisp Mixed Salad Corn of the Cob Salad Bar	Steamed Carrots and Broccoli Salad Bar	Green Beans Roasted Butternut Squash Salad Bar	Garden peas Crisp Mixed Salad Salad bar
<b>Street Food</b>	Vegetable Masala, Bombay Potatoes with Coriander and Green Chilli Chutney	Turkey meatball sub	Moo Ping - Thai Grilled Chicken Skewers with Coconut Rice	Slow Roasted Pulled Beef, Red Slaw, Gherkins and Home Pickled Red Onions	Beef Burger Slider Topped with Spiced Cheese & Tomato Sauce
<b>Bamboo concept</b>	Vegetable Noodle Pot	Mascarpone & Roasted Tomato Pasta	Chinese Chicken Curried Noodles	Beef Meatballs in Tomato Sauce with Wholemeal Pasta	Red Thai Chicken Coconut Curry with Steamed Rice
<b>Dessert</b>	Peach and Raspberry Fruit Cobbler with Custard	Apple Cracknel	Eton mess	Mixed Berry Strudel with Custard	Goopy Chocolate Brownie



# MENU