

# Psychology Bridging Work



Investigate the following questions:

- What is psychology?
- What topics are included in AQA A Level Psychology?

Select from the following online resources, books (these may be available at your local library) and activities that will prepare you for the exciting course ahead:

**AQA Resources** - <https://www.aqa.org.uk/resources/psychology/as-and-a-level/psychology/teach/resource-list-v2>

**TED Talk** - Philip Zimbardo has an interesting collection [https://www.ted.com/speakers/philip\\_zimbardo](https://www.ted.com/speakers/philip_zimbardo)  
Alternatively you could search psychology.

**Podcast** - Mind Changers A Radio 4 series exploring the development of the science of psychology. The 33-episode archive includes interviews with practising psychologists.  
<https://www.bbc.co.uk/programmes/b008cylj/episodes/player>



The  
British  
Psychological  
Society

BPS Research Digest (<http://digest.bps.org.uk/>)

## Books – select a book to read over the summer

Title	Author
Animal: The Autobiography of a Female Body	Sara Pascoe
Bad Pharma	Ben Goldacre
Bounce	Matthew Syed
Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead	Brené Brown
Drive	Daniel Pink
Hello World: How to be Human in the Age of the Machine	Hannah Fry
Livewired	David Eagleman
Losing Our Minds	Lucy Foulkes
Testosterone Rex: Myths of Sex, Science, and Society	Cordelia Fine
The Curious Incident of the Dog in the Night-Time	Mark Haddon
The Dark Side of the Mind: True Stories from My Life as a Forensic Psychologist	Kerry Daynes
The Interpretation of Murder (available in the department)	Jed Rubinfeld
We Need To Talk About Kevin	Lionel Shriver
Why I'm No Longer Talking to White People About Race	Reni Eddo-Lodge

