











# MENU

| Week 1<br>LACTOSE FREE   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|--|--|--|---|--|--|
| <b>Main Dish</b>   | Beef Chilli with Rice & Tortilla Chips   | Assorted Sandwiches from the Deli Bar  | Salad Boxes   | Spicy Chicken & Pepper Sweet Chilli Noodles  | Assorted Sandwiches from the Deli Bar  |
| <b>Vegetarian Main Dish</b>  | Sandwiches from the Deli Bar   |  Aubergine & Chickpea Dhansak, with Pilau Rice & Naan |  Assorted Sandwiches from the Deli Bar |  Falafel & Minted Salad Pitta with Wedges |  SF Mexican Quorn Burger in a Bun |
| <b>Accompaniments</b><br> | Seasonal Salad Bowl<br>Peas<br>Sweetcorn   | Seasonal Salad Bowl<br>Broccoli<br>Corn on the Cob   | Seasonal Salad Bowl<br>Roast Potatoes<br>Carrots<br>Green Beans   | Seasonal Salad Bowl<br>Peas<br>Sweetcorn   | Seasonal Salad Bowl<br>Chips<br>Baked Beans<br>Peas  |
| <b>Street Food<br/>Grab &amp; go</b>   | Flatbread with Hot & Spicy Chicken & Salad   | Spicy Chicken Burger   | BBQ Chicken Potato Pot  | Assorted Sandwiches from the Deli Bar  | Chicken Curry Rice Pot   |
| <b>Pasta bar<br/>Daily Special</b>   |  Beef Bolognaise Zingy Pepper |  BBQ Chicken Italian Tomato                         |  Beef Bolognaise Tomato & Basil      |  Arrabbiata Beef Pomodoro               |  Beef Bolognaise Tomato & Basil |
| <b>Dessert</b>   | Fruits of the Forest Sponge,<br>No Custard<br>Home Bakes   | Chocolate Cake No Sauce<br>Home Bakes  | Home Bakes<br>Fruit Pots<br>Jelly   | Strawberry Shortcake<br>Home Bakes   | Lemon Drizzle Slice<br>Home Bakes  |

**KEY**



1 OF YOUR 5 A DAY



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE



PLANT-BASED (VEGAN)

**\*Allergens and intolerances\*** All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.

*Mellors*  
**FOOD  
HAPPY**

# MENU

| Week 2<br>Lactose Free  | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|---|--|---|--|
| Main Dish   | Spaghetti Bolagnaise, with<br>Garlic Slice  | Assorted Sandwiches<br>from the Deli Bar  | Roast Gammon<br>Or<br>Roast Chicken with<br>Stuffing   | Chicken Tikka Masala,<br>with Pilau Rice & Naan   | Battered Fish  |
| Vegetarian<br>Main Dish   |  Teriyaki Quorn with Egg Fried<br>Vegetable Rice |  Quorn Meatballs in a<br>Rich Tomato Sauce |  Assorted Sandwiches from<br>the Deli Bar |  Tomato Pesto Pasta<br>Bake, with Garlic Slice |  Assorted Sandwiches from the<br>Deli Bar |
| Accompaniments<br> | Seasonal Salad Bowl<br>Green Beans<br>Sweetcorn   | Seasonal Salad Bowl<br>Creamed Potatoes<br>Carrots<br>Peas  | Seasonal Salad Bowl<br>Roast Potatoes<br>Cauliflower/Broccoli<br>Savoy Cabbage   | Seasonal Salad Bowl<br>Sweetcorn<br>Peas  | Seasonal Salad Bowl<br>Chips<br>Baked Beans<br>Minted Peas   |
| Street Food   | Assorted Sandwiches from<br>the Deli Bar  | Folded Naan with Piri<br>Chicken & Peppers  |  Assorted Salad Boxes                     | Beef Enchilada Wrap   | Assorted Salad Boxes                      |
| Pasta bar<br>Daily Special  | Fajita Chicken<br>Creamy Tomato   | Beef Bolognaise<br>Italian Tomato   | Italian Chicken<br>Quorn Bolognaise  | Beef Bolognaise<br>Zingy Peppers  | Beef Bolognaise<br>Tomato & Pesto  |
| Dessert<br>      | Pineapple Upside Down Cake<br>No Custard<br>Home Bakes  | Raspberry & Coconut<br>Slice No Custard<br>Home Bakes   | Marble Sponge No Sauce<br>Home Bakes   | Home Bakes<br>Jelly<br>Fruit Pots   | Chocolate Fudge Cake Slice   |

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Mellors  
FOOD  
HAPPY

# MENU

| Week 3<br>Lactose Free  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
|---|---|--|--|---|---|
| Main Dish   | Jacket Potatoes with Beans or Tuna Mayonnaise   | Assorted Sandwiches from the Deli Bar  |  Roast Turkey with Stuffing                               | Jacket Potatoes Or Assorted Sandwiches from the Deli Bar  | Battered Fish   |
| Vegetarian Main Dish  |  Assorted Sandwiches from the Deli Bar |  Quorn Chilli with Garlic Slice |  Jacket Potatoes Or Assorted Sandwiches from the Deli Bar |  Vegetable & Quorn Chilli with Tomato Rice |  Quorn Sweet & Sour with Rice or Chips |
| Accompaniments<br> | Seasonal Salad Bowl<br>Buttered New Potatoes<br>Peas<br>Carrots   | Seasonal Salad Bowl<br>Wedges<br>Corn on the Cob<br>Green Beans  | Seasonal Salad Bowl<br>Roast Potatoes<br>Broccoli Cheese<br>Carrots  | Seasonal Salad Bowl<br>Green Beans<br>Carrots & Peas  | Seasonal Salad Bowl<br>Chips<br>Baked Beans<br>Peas   |
| Street Food<br>    |  Sirracha Chicken Burger               |  Crispy Wings Box               |  Hot & Spicy Chicken Wrap                                 | Jumbo Hotdog<br>Chicken or Quorn  | Jacket Potatoes Or Assorted Sandwiches from the Deli Bar  |
| Pasta bar<br>Daily Special  | Beef Bolognaise<br>Italian Tomato   | BBQ Chicken<br>Tomato & Basil  | Beef Bolognaise<br>Zingy Peppers   | Firecracker Chicken<br>Tomato & Basil   | Beef Bolognaise<br>Tomato & Basil   |
| Dessert   | Lemon & Blueberry Iced Cake   | Chocolate & Cherry<br>Pudding No sauce<br>Home Bakes   | Home Bakes<br>Jelly Pot<br>Fruit Pot   | Home Bakes<br>Jelly Pot<br>Fruit Pot  | Chocolate Shortbread  |

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