

Penalty Shoot Out Secures Championship Win

CHAMPIONS

Massive congratulations to our U13 girls' football team who have been crowned Spen valley schools champions for the 2nd in season a row. What an achievement what a performance from the girls in a nail biting match that went to penalties.

Super proud girls



Sixth Form Bulletin
Click here to view

South Yorkshire School Run



The bus service from South Yorkshire area is already up and running. The routes cover Sheffield, Rotherham and Barnsley. If anyone is interested please contact:

email: rotherhamroadrunner@yahoo.com

www.rotherhamroadrunner.co.uk

Ph: 07964932829

DIARY DATES

Monday 13 May - A Level Exams begin

Friday 17 - Monday 20 May - France Trip

Thursday 23 May - Youth Theatre Performance

Friday 24- Tuesday 28 May New York Trip

Friday 24 - Friday 31 May Springbreak half-term - School closed

Medicinal Sciences Pathway

A huge thank you to Alicia and Andrew who gave up their free time to come and speak to our prospective Dentistry and Medical students on Wednesday afternoon. The talk gave students a huge insight into the intricacies of a

dental career and the crossover with medicine and maxillofacial surgery. Alicia and Andrew have such varied day to day working lives and dentistry has given them the option of living in Cornwall





Click here for details

CALLING ALL ATHLETES

Do you compete outside of school for an athletics club? Would you be interested in being nominated for the West Yorkshire Schools athletics Team? Please see details below and the standards sheet. If you wish to be nominated, your performance should be close to the published standard. Please see or email Mr Walker for more information

KIRKLEES' SCHOOLS TRACK AND FIELD TEAM 2024

As in previous years there will not be a Trial to select the athletes for the Kirklees T & F Team for the West Yorkshire Schools' Championships to be held at Leeds Beckett University, Headingley, on Saturday 08/06/24. Athletes wishing to be considered must be nominated by their schools or clubs.

Nominees should have reached the standard around the 'District' level in the English Schools' Handbook – see the standards sheet sent with this form.
Note: Athletes can be nominated for, and selected for, one event only. You will not be allowed to change your event, or to enter a different event, on the day.
Please copy this form as necessary.

Age Grouping: Juniors (Years 5-8) Intermediates (Years 9-11) Seniors (Years 12-13)

District Standards	10-11	11-12	12-13	YS-9	Y10-11	Y12-13
100m	18.5	13.4	13.4	12.5	12.0	12.0
200m	38.0	27.5	27.5	25.8	24.4	24.2
300m	58.0	45.5	45.5	43.0		
400m		59.2		55.5	55.5	
500m	1:33	1:32	2:01	2:30	2:40	2:30
1000m	5:20	5:18	5:18	4:50	4:30	4:30
1500m			12:00	12:00	10:30	10:00
2000m	13.5	14.2	15.5	13.8	14.0	14.5
2500m			54.8	76.2	51.2	48.0
3000m			8:15	8:15	5:20	7:55
4000m	1:40	1:45	1:45	1:50	1:40	1:40
5000m	3:40	3:40	3:40	3:30	3:20	3:20
6000m	4:40	4:40	4:40	4:30	4:20	4:20
7000m			9:30	9:30	8:30	8:30
8000m			10:00	10:00	9:00	9:00
9000m			11:00	11:00	10:00	10:00
10000m			12:00	12:00	11:00	11:00
15000m			18:00	18:00	16:00	16:00
20000m			23:00	23:00	21:00	21:00
25000m			28:00	28:00	24:00	24:00
30000m			33:00	33:00	29:00	29:00
35000m			38:00	38:00	34:00	34:00
40000m			43:00	43:00	39:00	39:00
45000m			48:00	48:00	44:00	44:00
50000m			53:00	53:00	49:00	49:00

Competitors in the West Yorkshire Schools Championships should be capable of these.

2024 Rob Burrow Leeds Marathon



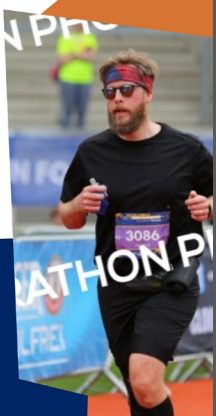
Mr Stevens is running the Rob Burrow Leeds Marathon in aid of the Motor Neurone Disease Association.



www.justgiving.com/page/howard-stevens/31420262502utm_term=wwwMND

If you are able to, and would like to donate towards my fundraising efforts, your contributions will directly impact those living with MND, providing essential support and funding vital research.

Thank you.



BATLEY FOOD BANK

We will be supporting Batley Food Bank by holding a "Bring a Tin to School Week". Due to high demands because of the cost living crisis Batley Food Bank are busier than they have ever been. They are struggling to keep up with referrals and the constant demand for food. We are asking the HGS community to show their support for such a valuable local charity. All donations would be greatly appreciated.

Suggested Items

- Pasta
- Rice
- Jam
- Tinned Soup
- Beans
- Tinned Spaghetti
- Noodles

- Tinned vegetables
- Meat & Fish paste
- Toilet rolls
- Shampoo
- Shower gel
- Soap

ALL DONATIONS TO BE DROPPED-OFF AT:

Student Services/Reception

Monday 13 to Friday 17 May



BRING A TIN TO SCHOOL WEEK

Good luck and all the best to Year 13

Today we celebrated our Year 13 leaving with a day of fancy dress, bbq and rite of passage. We wish you every success in your exams and future aspirations. Remember you are capable, talented and driven, you have all the qualities necessary to achieve greatness. So go out there and make it happen.

All the best!



Oh no two Dr Hounsell's - one is enough!

