

	Health & wellbeing	Living in the wider world	Relationships	Health & wellbeing	Relationships	Living in the wider world
Year 7	Transition Transition Aspirations Resilience	Digital literacy Digital citizen Fake news Filter bubbles	Relationships Friendship Peer pressure	Health & Puberty Being healthy Promoting emotional wellbeing Puberty FGM	Diversity Protected characteristics Valuing diversity Stereotypes	Democracy Democracy Local democracy
Year 8	Self-esteem & body image Self-esteem Body image Positive thinking	Finance Saving Security and fraud	Online relationships Social media Online relationships Sharing images	Mental wellbeing Mental wellbeing Unhealthy strategies	Family Long term relationship Marriage The role of parents	Human rights & The Law Human rights The Justice system Police powers
Year 9	Drugs & Alcohol Vaping Alcohol Drugs	Finance Budgeting Borrowing Online blackmail	Gender & sexuality Gender Sexuality Stereotypes & discrimination	Healthy lifestyle Healthy choices Sleep Immunisation	Healthy relationships Healthy relationships Managing conflict Parent & teenager relationships	Exremism & radicalisation Extremism Radicalisation
Year 10	Mental health Reframing negative thinking Recognising ill health & when to seek help Change, loss, grief	Personal safety Managing risks Risks & consequences	Healthy relationships Consent The impact of pornography Pressure, persuasion and coercion	Exploitation County lines Child sex exploitation	Unhealthy relationships Forced marriage Domestic abuse	Discrimination Protected characteristics Sexism Ableism Racism
Year 11	The Future Lifestyle decisions Stress management	Online safety Online blackmail Gambling	Healthy relationships Managing unwanted attention The effect of pornography Revenge porn	Substance abuse Assessing risk Managing risk Seeking help	Independence Health choices Cancer awareness Summer safety	
Year 12	Mental health Happiness & positivity Mental health - support Men's health	Human rights & the Law Human rights Who owns your data? The Law and you	Healthy relationships Responsibilities & consequences Communicating wants & needs Unwanted & illegal behaviours	Substance abuse Managing influences & support Exploring risks & consequences	Family Modern families - the legalities Modern families - legal rights	Finance Financial survival skills The government & the economy Economic cycles
Year 13	Health Donating blood & stem cells Mental health - support Men's health	Finance Financial planning for the future	Healthy relationships Communicating wants & needs Unwanted & illegal behaviours	Substance abuse Managing influences & support Exploring risks & consequences	Unhealthy relationships Something's not right Sexual harassment & stalking	The Future Leaving home Moving to university