

Subject:

Physical Education



HECKMONDWIKE
GRAMMAR SCHOOL

KS3 - Year 7 Curriculum Overview

	Topics being taught	What you will be assessed on	How you can support at home
Autumn Term	Topics Outdoor Education Multi skills Football Netball Hockey Dance	Term 1 Baseline assessments of core skills. End of block assessments in all activities	Attend extra curricular clubs Attend lunchtime and after school sports academies
		Term 2 End of block assessments in all activities	Participate in House sporting events Join a local sports club or team. Continue to participate in regular sporting activity

CHRISTMAS HOLIDAYS - CHRISTMAS HOLIDAYS - CHRISTMAS HOLIDAYS - CHRISTMAS HOLIDAYS

	Topics being taught	What you will be assessed on	How you can support at home
Spring Term	Topics Gymnastics Hockey Health related fitness Handball Badminton Tag rugby	Term 3 End of block assessments in all activities.	Attend extra curricular sports clubs Participate in House sporting events
		Term 4 End of block assessments in all activities	Attend lunchtime clubs and sporting academies Join a local club or sports team. Continue to participate in regular physical activity.

EASTER HOLIDAYS - EASTER HOLIDAYS - EASTER HOLIDAYS - EASTER HOLIDAYS - EASTER HOLIDAYS

	Topics being taught	What you will be assessed on	How you can support at home
Summer Term	Athletics Cricket Tennis Softball Rounders	Term 5 Assessments End of unit assessment in all activities	Attend extra curricular clubs Participate in House sporting events
		Term 6 Assessments End of unit assessment in all activities	Attend lunchtime clubs and sporting academies Join a local sports club / team. Participate in regular sporting activity