




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Crispy coated chicken in a bun with salad with selection of sauces	Rice Bar Rice with meat, katsu, teriyaki or sweet & sour	Mac & cheese with breadcrumb topping and pulled chicken	Chicken gyros pitta with salad and dip and mini potatoes	Fish Friday Fish and chips with peas and tartar sauce
FEATURED					
VEGGIE MAIN	BBQ vegetable sausage wraps with salad and spring slaw	Rice Bar Rice with veg, katsu, teriyaki or sweet & sour	Cheese & onion quiche with roast potatoes and veg	Quorn pitta with selection of sauces, veg and salad	Vegetable hot dog with chips and onions
PASTA	Spaghetti carbonara	Mushroom and lentil ragu penne (v)	Spicy sausage and tomato	Meatball pasta bake	Pesto pasta penne (v)
FEATURED HOT GRAB & GO	Tomato and basil stromboli (v)	Spicy cajun chicken wrap with rice	Pizza panini with oregano (v)	Korean spiced chicken or roasted pepper flatbread	Stuffed jacket (v)
DESSERT	Vanilla sponge with butter cream (v)	Lemon drizzle cake (v)	Baked apple sponge (v)	Homemade shortbread (v)	Chocolate brownie (v)