# Independent Learning in Psychology look like?



# After Every Lesson

Prepare for the lesson:

- Bring knowledge pack, topic notes for that section and assessment tracker to every lesson
- Complete weekly/private study actions below

#### During the lesson:

- Actively engage in the lesson listening to the teacher, participating in the activities with 100% effort, sharing your answers/ideas and responding to feedback.
- Be ready to answer questions on the previous lesson's content and previous topics
- Be ready to make research methods links, consider economic implications

#### After the lesson:

- Write revision notes on the content of every lesson using the knowledge pack, lesson handouts and notes.
- Organise your folder by putting all the work from the lesson and revision notes in the correct place

### Weekly

- Homework: details and deadlines on classcharts
- Organise your folder
- Retrieval practice of previous content: write out what you remember without looking at your notes, then check against your notes and correct in a different colour.
- Learn the key terms: write them down in lesson, practice the quizlets, revise them.
- Exam practice: use the link in the Teams files to complete exam questions and self-assess.
   Remember to focus on research methods and the range of skills.
- Redraft answers for exam questions using feedback.
- Revisit content from previous topics.

## **Fortnightly**

Complete wider reading from the reading list or excel lists/resources directed by your teacher.

UpLearn - only use this once you have completed all the other activities

# Half-Termly

Complete concept maps at the end of the topic

Complete 1 section (24 marks) of an exam paper in timed conditions
Pre-read the booklet for future content.

#### Resources

What to do if you don't understand something: ask the teacher in lesson. If you are working independently, make a note of it so you can ask the teacher next lesson

- Knowledge pack
- Teacher resources Teams
- Quizlet
- UpLearn
- Library book resources Psychology reading list
- Physics and Maths Tutor