



HECKMONDWIKE GRAMMAR SCHOOL

PDR/JDN

10 December 2025

Dear Parent/Carer

I hope this communication finds you and your family well and you are managing to avoid seasonal ailments. Indeed, it is for this reason that I am contacting you.

You may have seen in the news, there is a high prevalence of flu, cold viruses and covid in the country at the moment. One of the concerns is a flu variant this year is a potentially nasty one and making some people quite poorly. Across the country and locally, some schools, including ours, are being significantly hit by these viruses with large numbers of students and staff falling ill, with in some cases, schools having to close.

With this in mind, to try to avoid any major incidents in school and ensure we all get to the well-earned Christmas break healthy so we can enjoy it, we would like your support please with the following measures:

Please discuss with your child the importance of washing hands throughout the day and using hand sanitiser.

We have increased our sanitisation protocols in school with more cleaning throughout the day and hand sanitiser stations on corridors. It may be a good idea for students to carry a small bottle of sanitiser with them should they wish.

In lessons, we will ensure rooms are well ventilated, which may reduce the temperature. As we did during covid, we encourage students in uniform to wear a plain white T shirt under their shirt to keep them warm should they feel necessary. For sixth formers, clearly, they have more flexibility in how they dress.

If your child has symptoms, we know it is a difficult decision as to whether they are well enough to attend school or not and only you can decide this. However, whilst we pride ourselves on very high rates of attendance, if you think your child is infectious, we would urge you to take the cautious route and keep them at home please. If you think they are well enough to attend

Heckmondwike Grammar School, High Street, Heckmondwike, West Yorkshire, WF16 0AH
Tel: 01924 402202 | Fax: 01924 418318 | Email: office@heckgrammar.co.uk | www.heckgrammar.co.uk

Headteacher: Mr P Roberts

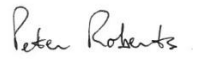
Heckmondwike Grammar School Academy Trust is a charitable company limited by guarantee, registered in England and Wales with company number 07348329. Registered office address as above.



school, but are exhibiting symptoms, we would ask you to consider them wearing a mask please.

Thank you in anticipation for support.

Yours faithfully,

A handwritten signature in cursive script that reads "Peter Roberts".

Mr Peter Roberts

Headteacher