

Subject:

Physical Education



HECKMONDWIKE
GRAMMAR SCHOOL

KS3 - Year 8 Curriculum Overview

Autumn Term

Topics being taught

Topics:
Multi skills
Netball
Football
Dance
Gymnastics

What you will be assessed on

Assessments:
End of unit assessments after each block of activity
[Assessment in Physical Education](#)

How you can support at home

Participate in extra curricular sporting activities

Take part in House sports events

Join a local club / Team

Undertake regular physical activity out of school

Term 1

Term 2

CHRISTMAS HOLIDAYS - CHRISTMAS HOLIDAYS - CHRISTMAS HOLIDAYS - CHRISTMAS HOLIDAYS

Spring Term

Topics being taught

Topics:
Rugby
Football
Badminton
Hockey
Health related fitness
Handball

What you will be assessed on

Assessments:
End of unit assessments after each block of activity.
[Assessment in Physical Education](#)

How you can support at home

Participate in extra curricular sporting activities

Take part in House sporting events

Join local clubs or teams

Undertake regular physical activity

Term 3

Term 4

EASTER HOLIDAYS - EASTER HOLIDAYS - EASTER HOLIDAYS - EASTER HOLIDAYS - EASTER HOLIDAYS

Summer Term

Topics being taught

Topics:
Athletics
Tennis
Rounders
Cricket
Softball

What you will be assessed on

Assessments
End of unit assessments after each block of activity.
[Assessment in Physical Education](#)

How you can support at home

Participate in extra curricular sporting activity

Take part in House sporting events

Join local clubs and teams

Undertake regular physical activity outside of school

Term 5

Term 6