

Subject:

Physical Education



HECKMONDWIKE
GRAMMAR SCHOOL

KS3 - Year 8 Curriculum Overview

	Topics being taught	What you will be assessed on	How you can support at home
Autumn Term	Topics: Multi skills Netball Football Dance Gymnastics	Term 1 Assessments: End of unit assessments after each block of activity Assessment in Physical Education	Participate in extra curricular sporting activities Take part in House sports events Join a local club / Team
		Term 2 Assessments End of unit assessment in performance and A2L after each block of activity. Assessment in Physical Education	Undertake regular physical activity out of school
CHRISTMAS HOLIDAYS - CHRISTMAS HOLIDAYS - CHRISTMAS HOLIDAYS - CHRISTMAS HOLIDAYS			

	Topics being taught	What you will be assessed on	How you can support at home
Spring Term	Topics: Rugby Football Badminton Hockey Heath related fitness Handball	Term 3 Assessments: End of unit assessments after each block of activity. Assessment in Physical Education	Participate in extra curricular sporting activities
		Term 4 Assessments Assessment in Physical Education	Take part in House sporting events
			Join local clubs or teams
			Undertake regular physical activity
EASTER HOLIDAYS - EASTER HOLIDAYS - EASTER HOLIDAYS - EASTER HOLIDAYS - EASTER HOLIDAYS			

	Topics being taught	What you will be assessed on	How you can support at home
Summer Term	Topics: Athletics Tennis Rounders Cricket Softball	Term 5 Assessments End of unit assessments after each block of activity. Assessment in Physical Education	Participate in extra curricular sporting activity Take part in House sporting events
		Term 6 Assessments End of unit assessment after each block of activity. Assessment in Physical Education	Join local clubs and teams Undertake regular physical activity outside of school