



HECKMONDWIKE GRAMMAR SCHOOL

CNC/TCC

17 March 2026

Dear Parent/Carer

GCSE Food Preparation and Nutrition Trip to Harlow Carr

We have arranged for our Year 10 GCSE Food Preparation and Nutrition students to have the opportunity to travel to Harlow Carr for a "Plants for the Plate" workshop. This will cover the nutrients needed for a balanced diet, the benefits of fruit and vegetables, growing your own with practical hands-on in the greenhouse and preparation from harvesting.

The visit is on Thursday 25 June 2026. We will travel by school minibus to Harlow Carr, leaving school at approximately 08:30am, so students need to arrive in school by 08:15am. We shall be setting off back from Harlow Carr at approximately 13:30pm and therefore expect to return to school at approximately 14:45pm, dependent on traffic.

Students should bring a packed lunch and a bottle of water- and any routine medication which they usually carry, for example inhalers. If your child is eligible for Free School Meals a packed lunch can be provided, please email finance@heckgrammar.co.uk for further details.

May I take this opportunity to remind parents that students are expected to display the very highest standards of behaviour and courtesy.

Under the School Governors' [Charging and Remissions Policy](#), we request a contribution of £10 towards the cost of this activity. This includes the admission, travel and insurance. We must mention that without sufficient funding the trip will be unable to take place.

Please can you ensure payments are made via by ParentPay by Thursday 2 April 2026. When you make payment via ParentPay you will be prompted to provide parental consent for your child to attend this trip and you will also be asked to input your contact/medical details directly into a confidential section of ParentPay.

If you have any further questions, please contact me at school_ccarter@heckgrammar.co.uk

Yours faithfully,

CNCarter

Mrs Carter - Teacher of Food Preparation and Nutrition

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